

# WSUU/VIUF Music Ministry Retreat

*Camp Burton on Vashon Island*

**Friday, October 7 – Sunday, October 9, 2016**

Arrive anytime on Friday, depart by 3:00 on Sunday

*Relax, rejuvenate, renew—all in good company*

**Registration deadline is September 30, 2016**

## REGISTRATION FOR THOSE NOT REQUIRING SLEEPING ACCOMMODATIONS

Name(s) \_\_\_\_\_

Family and friends are very welcome. The camp requires a minimum of 20 registrants.

Address \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_ I prefer contact by \_\_\_\_\_ email \_\_\_\_\_ phone \_\_\_\_\_ text \_\_\_\_\_

Registration Fees				Total
<b>Conference Fee</b>				\$20.00
<b>Meals:</b>	Breakfast (\$8.75)	Lunch (\$11.75)	Dinner (\$16.50)	
Friday, Oct. 7	N/A	N/A		
Saturday, Oct. 8				
Sunday, Oct. 9			N/A	
			<b>Total Amount Due</b>	

Special Dietary Requests (vegetarian, gluten-free, etc.)

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**We need your completed registration form and a check made payable to WSUU by September 30, 2016. Please write "2016 Music Ministry Retreat" on the memo line. Mail the check to:**

**Westside UU Congregation  
 Attention: Bert Gulhaugen  
 7141 California Ave. SW  
 Seattle, WA 98136**

## 2016 WSUU/VIUF Music Ministry Retreat

### Friday

5:30: Dinner

6:30: Opening Celebration

7:00: Sing Songs from Africa

We'll learn and sing together songs from several regions of Africa, including Zimbabwe, Kenya, and South Africa. We'll quickly get off the page and up on our feet as we sing in three or four-part harmony.

8:15: Campfire

### Saturday

#### AM

7:30-8:15: Yoga led by Janet Sweet

8:30: Breakfast

9:45 – 10:45

#### 1. Vocal health

We all use our voices on a daily basis whether or not we are singers. This workshop will lead you through the basics of how to use your voice in a healthy way. We will do speaking and singing exercises and it's likely you'll learn something about your voice along the way. Bring along your voice questions and problems.

10:45 – 11:30

#### All camp rehearsal

We'll sing some Quodlibets (multiple songs sung simultaneously) arranged by Ysaye Barnwell. Bring your instruments along to make our All Camp Orchestra and Choir. Fun, doable, and simple but challenging music for anyone.

11:30 – 12:30

#### 1. African drumming basics

We'll cover the three basic tones required to play congas, djembes and other African style drum patterns. As time allows we'll begin to learn common patterns and songs. There will be shakers, bells, sticks and other rhythm instruments available, so if you want to participate but not play drums please come! No previous drumming experience needed!

#### 2. Fundamentals of singing harmony

We'll begin the process of listening and hearing chord progressions so you can begin to feel comfortable improvising harmony.

12:30: Lunch

#### PM

1:45 – 3:00

#### 1. Fundamentals of Choral Singing

How do choirs sing in tune? What's all this I hear about blending? How can a choir sound more beautiful and musical? Simply put: choral singing technique. We'll unlock a few mysteries.

#### 2. Song writer's sharing circle

Are you a budding songwriter? Are you writing lyrics, melodies, harmonies, etc.? This is an opportunity to talk about your ideas, share a work in progress, elicit feedback and get support from others who are on this creative path.

3:15 – 4:30

#### 1. Learn beginning Ukulele

Ukulele is a fun and relatively easy instrument to play. We'll cover tuning your uke (if needed) and learn several chords, and move right into playing a few familiar songs. If you would like to take this workshop but don't have a uke, let Bert know and we'll see if we can bring one to the camp for you to borrow.

#### 2. Eurhythmics

Exploring rhythm, pitch, dynamics, and improvisation through physical movement. Working individually and in groups. Movement games. The intention is to be able to hear, understand and express movement in music.

4:30 – 5:15: Camp Rehearsal

5:30: Dinner

6:45: Games

8:00: campfire

#### Sunday

7:30-8:15: Yoga led by Janet Sweet

8:30: Breakfast

9:30: Worship rehearsal

10:30: Worship Service

11:15: Reflections on Music Ministry

What does "music ministry" mean to you? When has music had the greatest impact on you? Would you like to see music play a more significant role in your life, the life of your congregation, and even the larger community? Join us for a facilitated discussion about our collective experiences and wishes for the future of music ministry.

12:30: Lunch

1:30: Closing Circle

3:00: Depart